

*7 Steps Guide to
building*

SELF CONFIDENCE

*in Corporate
world*

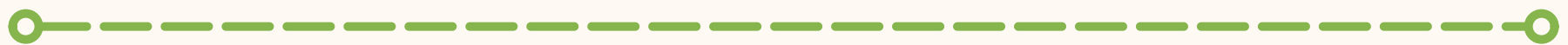


Mohini Kuntamukkala





Embrace Your Strengths



Acknowledge your unique talents and accomplishments. Confidence starts with self-awareness. What's your proudest professional achievement?

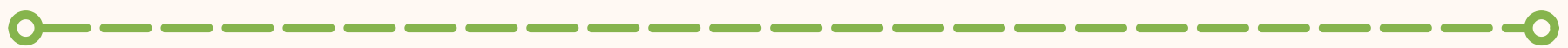




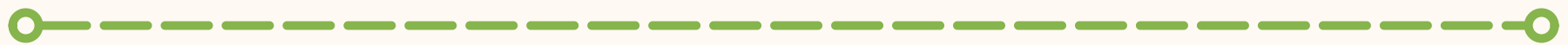
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Continuous Learning



Knowledge fuels confidence. Invest in upskilling to stay ahead in your industry.
What's the last skill you mastered?

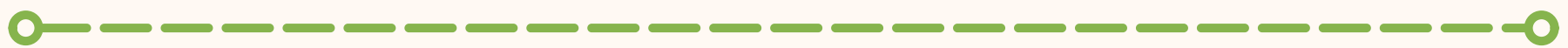




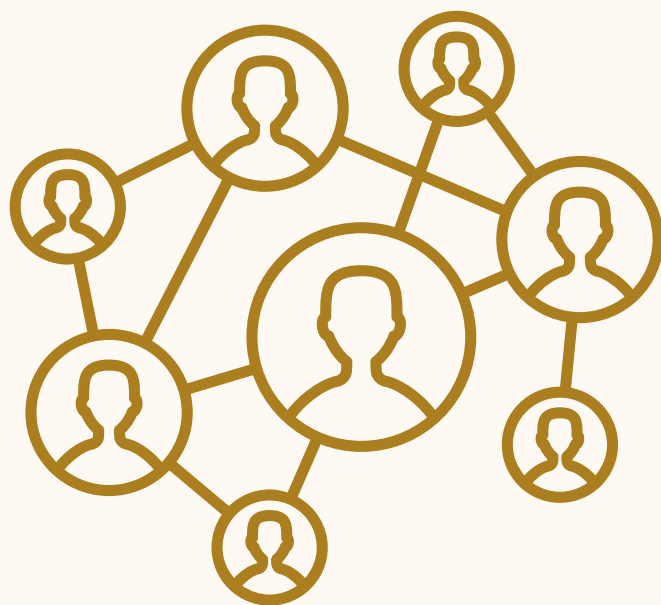
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Networking Smartly



Connect with like-minded professionals.
Meaningful connections boost confidence.





4



Positive Self-Talk

Your thoughts shape your reality. Replace self-doubt with empowering affirmations. What's your go-to affirmation for a confident mindset?



Embrace Challenges

Facing adversity fosters growth. Remember a challenge you conquered and how it elevated your confidence. Share your stories and inspire others



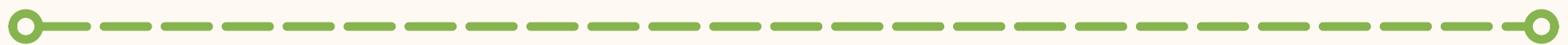
Body Language Matters

Confidence is non-verbal too. Stand tall, maintain eye contact, and firm handshakes exude confidence. What's your power pose?

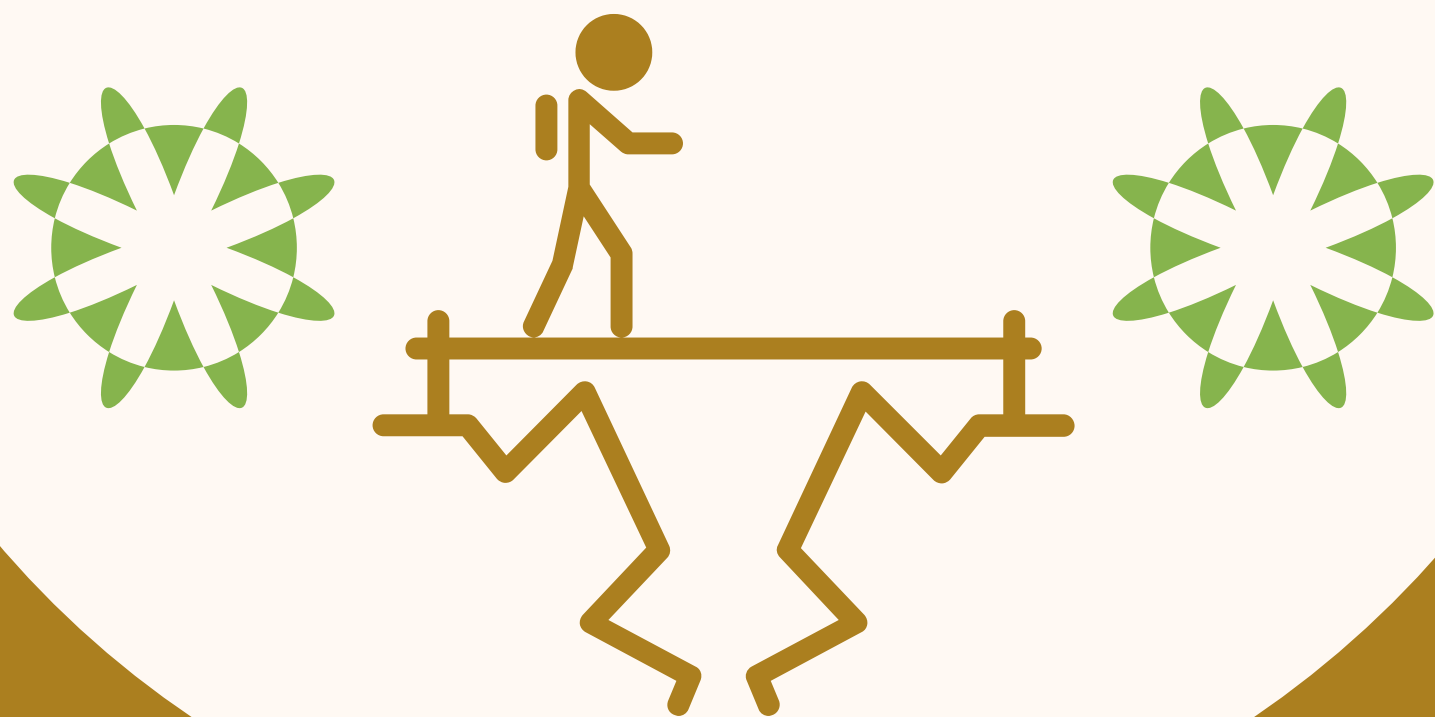


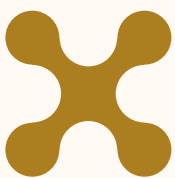


Celebrate Your Wins



Acknowledge progress, big or small. Each win fuels your journey. What's a recent success you're proud of?





Good Luck

